



## Youth, Families, Community

PHOTO: MOORE, UMD

# 4-H Programs are Developing Youths and Communities

*Extension 4-H programs empower youths to thrive by strengthening their self-identities, life skills and confidence.*

### Here are a few examples of that work:

- In **Kentucky**, Project Uplift, a USDA-NIFA-funded program, offers life skills to local youths aged 12-18. It helps underserved youths focus on goal-setting, healthy living, nutrition and financial literacy. About 90% of participating students have since applied for jobs, internships or college admissions.
- In **Alabama**, 4-H programs are available in 59 rural counties with 21,694 members. Participants build community relationships and develop leadership and life skills, including social, emotional, cognitive and behavioral competence.
- The 4-H Tech Changemakers project, in **Georgia**, uses an adult-youth partnership model to empower teens to serve as digital literacy teachers in areas with a lack of broadband Internet access. The teens work with 4-H staff to plan, implement and evaluate the needs-driven educational programs in their local communities. After the program, 94% of the youth participants said the program inspired them to help the community, while 96% of the participating adults learned new technology skills.

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